

Fresh Baked Breads at PICKS

While you were sleeping, fresh loaves of bread were rising in our kitchen.

PICK from

Country White • Cinnamon Raisin Swirl • Oatmeal Molasses

Beverages

Starbucks regular and decaf coffee	\$2.95
Starbucks Tazo tea	\$2.95
Premium Florida orange juice	\$2.95
Tomato, cranberry or apple juices	\$2.95
Dasani bottled water	\$2.95
Milk ~ whole, low-fat, chocolate, non-dairy	\$1.95
Assorted soft drinks	\$2.00
Mimosa	\$3.95



Sides

One egg, any style	\$2.95
Two eggs, any style	\$4.95
Toast w/ fresh baked bread	\$2.95
Grilled bacon, honey ham, or sausage	\$4.95
One Buttermilk Flapjack	\$3.95
One PICKS Specialty Flapjack	\$4.95
NY Style Bagel & cream cheese	\$4.95
Seasoned breakfast potatoes	\$2.95
Fresh Baked muffins	\$2.95
Assorted Danish	\$2.95
Oatmeal, brown sugar & raisins	\$5.95
Flavored low-fat yogurt & non-dairy yogurt	\$2.95

Color Your Plate

Well-balanced, nutrient-rich menu items

MARKET FRESH FRUITS & BERRIES 🍓

Start your day with a burst of color. 5.95

AVOCADO EGG WHITE OMELET 🍓

A light omelet with sliced avocado to add more protein. 15.95

BLUEBERRY OATMEAL 🍓

Nutritious oats flavored by a generous helping of blueberries. 7.95

CEREAL FAVORITES & SEASONAL BERRIES 🍓

A perfect combination to start the day on a healthy note. 7.95

SEASONAL BERRY & YOGURT PARFAIT 🍓

Market fresh berries combined with low-fat Greek yogurt. 8.95

Before placing your order, please inform your server if you or anyone in your party has any food allergies.



FLAPJACK PICKS

Buttermilk

Three buttermilk flapjacks dusted with powdered sugar and served with VT made maple syrup. \$9.95

With three slices of bacon or two sausage links. +1.95

Almond Joy

Coconut flapjacks with milk chocolate chips, crushed almonds & coconut flakes. \$11.95

With three slices of bacon or two sausage links. +1.95

Bananas Foster

Buttermilk flapjacks with a buttery-luscious caramel Bananas Foster topping & fresh sliced bananas. \$11.95

With three slices of bacon or two sausage links. +1.95

Berry Berry Good

Fresh blueberry flapjacks topped with fresh sliced strawberries & whipped cream. \$11.95

With three slices of bacon or two sausage links. +1.95

Swiss Chocolate

Swiss Chocolate flavored buttermilk flapjacks with warm melted milk chocolate chips & whipped cream. \$11.95

With three slices of bacon or two sausage links. +1.95

Add a Mimosa to any breakfast for only

\$3.95



BELGIAN WAFFLE PICKS

Belgian

Belgian waffle dusted with powdered sugar. \$10.95
With three slices of bacon or two sausage links. +1.95

Berry Berry Good

Topped with blueberries, fresh sliced strawberries
& whipped cream. \$11.95
With three slices of bacon or two sausage links. +1.95

Bananas Foster

Topped with buttery-luscious caramel Bananas Foster
sauce & fresh sliced bananas. \$11.95
With three slices of bacon or two sausage links. +1.95

FRENCH TOAST PICKS

French Toast

Freshly baked bread dipped in a
sweet egg wash and grilled to a golden brown.
Served with VT made maple syrup. \$10.95
With three slices of bacon or two sausage links. +1.95

Captain Crunch

French toast grilled with crumbled Captain Crunch and
topped with seasonal berries & whipped cream. \$12.95
With three slices of bacon or two sausage links. +1.95

Bananas Foster

Topped with buttery-luscious caramel Bananas Foster
sauce & fresh sliced bananas. \$12.95
With three slices of bacon or two sausage links. +1.95

**Add your PICK of Applewood Smoked Bacon,
Honey Ham or Country Sausage for \$1.95**



Three Egg Omelet

PICK three ingredients and we will serve your omelet with seasoned breakfast potatoes and toast from one of our freshly baked breads. \$13.95

Meats

Applewood Smoked bacon
Honey ham ◦ Corned beef
Country sausage

Cheeses

Cheddar ◦ Swiss
American ◦ Parmesan
Feta ◦ Goat

Veggies

Green Bell peppers ◦ Peppadew peppers ◦ red onions
mushrooms ◦ fresh tomatoes ◦ scallions
Kalamata olives ◦ salsa

PICK of the Day

Choose Two farm fresh eggs cooked any way,
(scrambled, over light, sunny side or basted)

Served with seasoned breakfast potatoes

& toast from one of our freshly baked breads. \$10.95

With three slices of bacon or two sausage links. +1.95

The Big PICK

Three eggs any style topped with Hollandaise sauce,
served with seasoned breakfast potatoes, two small
flapjacks, two slices of bacon, two sausage links and
toast from one of our freshly baked breads. \$15.95

Corned Beef & 3 Eggs

We combine fresh grilled corned beef with seasoned
breakfast potatoes, topped with three eggs any style
and toast from one of our freshly baked breads. \$14.95

Steak & 3 Eggs

Grilled Sirloin served with three eggs, seasoned
breakfast potatoes and toast from one of
our freshly baked breads. \$17.95



PICKS BENEDICTS

Eggs Benedict

With baked honey ham and Hollandaise sauce,
served with seasoned breakfast potatoes. \$14.95

or

New England Lobster Eggs Benedict

With fresh lobster meat and Hollandaise sauce,
served with seasoned breakfast potatoes. \$16.95

New England Lobster & Eggs

Three eggs scrambled with fresh lobster meat,
served with seasoned breakfast potatoes. \$15.95

Breakfast Burrito

Scrambled eggs with sausage, red onion,
green peppers, fresh tomatoes, Cheddar cheese
and spicy salsa, all wrapped in an herb tortilla and
served with seasoned breakfast potatoes. \$11.95

Fresh Fruit Plate

An assortment of fresh seasonal fruits
served with a side of low-fat fruit yogurt. \$8.95

Seasonal Berry & Yogurt Parfait

Layers of low-fat vanilla yogurt, crunchy granola
and seasonal fruit. \$7.95

If you think our breakfast menu has some great items, take a look at some of our **PICKS** for **Dinner**...



Milk Shakes that are thick and flavorful, or for the 21+ crowd we have **Shake Tails** spiked with flavored liqueurs.

PICK from our fresh made Specialty Burgers...

BLT Cheddar
Turkey Burger
...and the Famous Double Trouble Burger

Peppadew Veggie
Reuben Burger

PICK from hand-cut Steaks, ...

Filet Mignon NY Sirloin Steak Au Poivre

PICK from Seafood & Unique Pasta dishes...

Fresh Fried Fish & Fries
Grilled Atlantic Salmon
Blackened Salmon with Cajun Creole Cream Sauce
Grilled Key Lime & Cilantro Shrimp Kabob

Fresh Fried Shrimp & Fries
Lobster & Shrimp Scampi

Homemade Gouda n' Gruyere Mac & Cheese with PICK:

Spicy Buffalo Chicken ◦ New England Lobster

Greek Pasta with Light Feta Cream Sauce and PICK of:
Grilled Salmon ◦ Grilled Chicken

For Lighter Fare, PICKS offers a large variety of unique Soups, Salads & Sandwiches.